

List of Holidays & Observances to *Generate* Blog Ideas, Product Promotions & More

This list includes a good overview of holidays/observances from major English-speaking countries, but certainly is not an exhaustive list. The information provided is accurate as possible based on available research, but there may be variations on dates celebrated and where the holidays/observances are celebrated.

JANUARY

1st- New Year's Day (United States, Canada, UK, Australia, New Zealand)

2nd- New Year's Day in Scotland

26th-Australia Day

3rd Monday, but traditionally the 15th-Martin Luther King Day (United States)

Also:

Alzheimer's Awareness Month

11th- Human Trafficking Awareness Day

3rd Week – National Non-Smoking Week

3rd Wednesday – Weedless Wednesday

27th- Family Literacy Day

FEBRUARY

2nd- Groundhog Day (United States, Canada)

6th- Waitangi Day (New Zealand)

12th Lincoln's Birthday (United States)

21st- Family Day (Canada-some provinces)

Also:

African History Month

Heart Month

1st week – Eating Disorder Awareness Week

12th- Darwin Day

13th- Black Love Day
14th- Valentine's Day
28th- National Science Day

MARCH

Good Friday & Easter Sunday and Monday – (not based on dates, but follow the Paschal Full Moon each year. Usually in March or April)

17th- St. Patrick's Day (Canada, United States, Northern Ireland)

30th- National Doctors Day (United States)

Also:

Women History Month
National Epilepsy Month
National Kidney Month
National Nutrition Month
Red Cross Month
6th- World Glaucoma Day
8th- International Women's Day
14th- Pi Day
22nd-World Water Day

APRIL

1st- April Fool's Day

3rd Monday of April- Patriots Day (Marathon Day in New England and Wisconsin, US)

25th- ANZAC Day (Australia, New Zealand)

Last Friday – Arbor Day (United States)

Also:

Earth Month
Poetry Month
Daffodil Month: Cancer Awareness
Dental Health Month
National Cancer Month
Irritable Bowel Syndrome (IBS) Awareness Month

National Physiotherapy Month
7th- World Health Day
22nd- Earth Day
Dates Vary – National Volunteer Week

MAY

1st Monday- Early May Bank Holiday (United Kingdom)
5th- Cinco de Mayo (often observes in United States)
Last Monday before or on the 24th – Victoria Day (Canada- “Journée nationale des Patriotes” in Quebec)
5th- National Day of Prayer (United States)
2nd Sunday – Mother’s Day (United States, Canada, Australia, New Zealand)
4th Sunday of Lent – Mothering Sunday (United Kingdom)
3rd Saturday in May – Armed Forces Day (United States)
Last Monday – Spring Bank Holiday (United Kingdom)

Also:

Mental Health Awareness Month
Cystic Fibrosis Month
Foot Health Awareness Month
Medic Alert Month
Multiple Sclerosis Month
Early in May – National Summer Safety Week
Early in May – National American Occupational Health & Safety Week
Mid May – National Nursing Week
Emergency Preparedness Week
6th- International No Diet Day
8th- World Red Cross Day
15th- International Day of the Family
17th- International Day Against Homophobia Day
25th- National Missing Children’s Day
31st- World No Tobacco Day

JUNE

1st or 2nd Saturday in June – Queen’s Official Birthday (United Kingdom)

1st Monday in June – Queen’s Official Birthday (New Zealand)

2nd Monday of June – Queen’s Official Birthday (Australia)

14th- Flag Day (United States)

3rd Sunday in June – Father’s Day (United States, Canada United Kingdom)

24th – Fete nationale du Quebec (Quebec-Canada)

Also:

ALS Awareness Month

Black Music Month

LGBT Pride Month

National Athletic Therapy Month

National Basketball & Hip-Hop Culture Month

Relay for Life

Seniors Month

Stroke Awareness Month

4th-Clean Air Day

8th-World Ocean Day

14th- World Blood Donor Day

JULY

1st- Canada Day

4th- Independence Day (United States)

Also:

Hot Dog Month

11th-World Population Day

16th- Word Funny Day

AUGUST

1st Monday – Provincial holiday in Canada, excluding Quebec

Also:

1st Week – World Breastfeeding Week

9th- International Day of the World's Indigenous People

12th- International Youth Day

SEPTEMBER

1st Sunday -Father's Day (Australia, New Zealand)

1st-Monday – Labor Day (United States, Canada)

11th-Patriot Day (United States)

Sunday after Labor Day – Grandparent's Day (United States)

17th- Constitution Day (United States)

Also:

National Arthritis Month

Ovarian Cancer Month

OCTOBER

2nd Monday – Thanksgiving (Canada)

2nd Monday – Columbus Day (United States)

9th- Leif Erikson Day (United States)

31st- Halloween (Canada, United States)

4th Monday in October – Labour Day (New Zealand)

Labour Day is in Australia, but the date varies dependent on the region

Also:

2nd- Mahatma Ghandi's Birthday

16th- Boss's Day

NOVEMBER

1st- All Saint's Day

11th- Remembrance Day (Canada)

11th- Veteran's Day (United States)

4th Thursday in November – Thanksgiving Day (United States)

Friday after U.S. Thanksgiving – Black Friday (United States)

Monday after Thanksgiving – Cyber Monday (United States)

Also:

1st- Day of the Dead

DECEMBER

Usually early December (based on Jewish Calendar) – Hanukkah

7th- Pearl Harbor Remembrance Day (United States)

24th- Christmas Eve

25th- Christmas Day

26th-Boxing Day (Canada, United Kingdom, Australia, New Zealand – Called Proclamation Day in South Australia)

26th- Kwanzaa (United States) – to January 1st

31st- New Year's Eve (United States, Canada, UK, Australia, New Zealand)

Also:

1st World AIDS Day